

# CORONAVIRUS

IF YOU FEEL ILL WITH ANY OF THESE SYMPTOMS



COUGH



FEVER



LOSS OF  
TASTE



NO SENSE OF  
SMELL



**STAY HOME**  
Stay home for  
10 days



**BOOK A TEST**

 Call NHS Direct 119  
 [nhs.uk/coronavirus](https://nhs.uk/coronavirus)

GET MEDICAL HELP IF YOUR SYMPTOMS GET WORSE CALL 111 OR IN AN EMERGENCY CALL 999

IF YOU TEST POSITIVE FOR CORONAVIRUS



**STAY HOME**  
Stay home until  
you are well



**TEST AND TRACE**  
Share your contacts  
with NHS Test and  
Trace Service


CONTACT WITH CORONAVIRUS?  
THE NHS TEST AND TRACE SERVICE WILL CONTACT YOU



**STAY HOME**  
Stay home for  
14 days



**BOOK A TEST**

If you feel ill book a test  
 Call NHS Direct 119  
 [nhs.uk/coronavirus](https://nhs.uk/coronavirus)