**CENSUS 2021 – HEALTH, DISABILITY & UNPAID CARE**

Data on the following topics is available:

* General health
* General health (age standardised proportions)
* Disability
* Disability (age standardised proportions)
* Number of disabled people in the household
* Provision of unpaid care
* Provision of unpaid care (age standardised proportions)

The key data tables are shown below; data for all the variables in this release can be found [here](https://www.ons.gov.uk/census/aboutcensus/censusproducts/topicsummaries).

Small area data down to Census Output Area level (areas of approx. 100-150 households) is available for most of the variables.

Interactive maps can be found [here](https://www.ons.gov.uk/census/maps):

Census data can also be accessed and analysed with the following tools:

* [Nomis - Official Census and Labour Market Statistics (nomisweb.co.uk)](https://www.nomisweb.co.uk/)
* [LG Inform Plus (esd.org.uk)](https://home.esd.org.uk/) (RBC is already a subscriber, you just need to register)

**Key headlines:**

* The proportion of residents reporting very good health (51.2%) is higher than the national average (48.5%) and slightly higher than in 2011 (50.2%). A similar number report bad health and very bad health to 2011.
* A lower proportion of residents are disabled (13.8%) than nationally (17.3%)
* Although a slightly higher proportion were disabled in 2021 than in 2011 (13%), for a lower proportion day-to-day activities are limited a lot.
* A lower proportion provide unpaid care than nationally, but a higher proportion provide 20+ hours of care than in 2011.

**GENERAL HEALTH**

|  |  |  |  |
| --- | --- | --- | --- |
|  | ***Reading %*** | ***Reading 2011 %*** | ***England %*** |
| Very good health | 51.2 | 50.2 | 48.5 |
| Good health | 34.4 | 35.3 | 33.7 |
| Fair health | 10.7 | 10.8 | 12.7 |
| Bad health | 2.9 | 2.9 | 4.0 |
| Very bad health | 0.8 | 0.8 | 1.2 |

**DISABILITY**

|  |  |  |  |
| --- | --- | --- | --- |
|  | ***Reading %*** | ***Reading 2011 %*** | ***England %*** |
| **Disabled under the Equality Act:** | 13.8 | 13 | 17.3 |
| Day-to-day activities limited a lot | 5.1  | 5.7 | 7.3 |
| Day-to-day activities limited a little | 8.7 | 7.3 | 10.0 |
| **Not disabled under the Equality Act:** | 86.2 | 87.1 | 82.7 |
| Has long term physical or mental health condition but day-to-day activities are not limited | 6.5 | n/a | 6.8 |
| No long term physical or mental health conditions | 79.7 | n/a | 75.9 |

**NUMBER DISABLED PEOPLE IN HOUSEHOLD**

|  |  |  |  |
| --- | --- | --- | --- |
|  | ***Reading %*** | ***Reading 2011 %*** | ***England %*** |
| No people disabled under the Equality Act in household | 72.9 | n/a | 68.0 |
| 1 person disabled under the Equality Act in household | 21.6 | n/a | 25.4 |
| 2 or more people disabled under the Equality Act in household | 5.4 | n/a | 6.6 |

**PROVISION OF UNPAID CARE**

|  |  |  |  |
| --- | --- | --- | --- |
|  | ***Reading %*** | ***Reading 2011 %*** | ***England %*** |
| Provides no unpaid care | 93.3 | 92.1 | 91.2 |
| Provides 19 hours or less unpaid care a week | 3.3 | 5.2 | 4.3 |
| Provides 20 to 49 hours unpaid care a week | 1.5 | 1.1 | 1.8 |
| Provides 50 or more hours unpaid care a week | 1.9 | 1.7 | 2.6 |